

THE DUTY OF SELF DEFENSE

WHAT THE CHURCH TEACHES REGARDING THE
DUTY TO DEFEND AND HOW TO GO ABOUT IT.



BY DOUG BARRY
COWRITTEN BY ZACH BARRY

WWW.BATTLEREADYSTRONG.COM

COPYRIGHT

Copyright © 2020 by Doug Barry with RADIX-BATTLE
READY.

All rights reserved.

This ebook or any portion may not be reproduced or used in
any manner without written permission from the publisher.

BATTLEREADYSTRONG.COM |
dougbarry@battlereadystrong.com

AFFILIATE DISCLOSURE

This ebook may contain affiliate links. If you click on any link in this ebook and make a purchase, RADIX-BATTLE READY may receive a commission for referring you.

This is at no additional cost to you.

I only recommend products and resources that I personally use or highly recommend to my readers.

TABLE OF CONTENTS

Evil Exists, What Do we Do?.....05

The Church's Stance.....07

Living By the Sword?.....11

Defending the Innocent.....13

Training is a Must.....18

Mental Preparation.....20

Physical Preparation.....23

Having the Skill.....28

Bodily Mobility.....31

Motivation and Purpose.....34

Utilizing Tools.....36

Common Sense?.....40

Time to Dig Deeper.....42

BR COALITION.....44

About Doug Barry.....46

The Ministry.....48

Stay Connected.....50

EVIL
EXISTS

WHAT DO WE
DO?

Some of the most common questions we face today when it comes to self-defense, are “What should we be doing? How much is too much? Should we be doing anything at all?”

We have reached a point in our society where things have become mindless. Many people display little or no civility at all. We see this in mass shootings, the increase of gang violence, or the next stabbing rampage. And it is steadily increasing as God is further removed from view.

FBI statistics tell us that a home invasion in America happens an average of every 13 seconds and that a woman is assaulted on average every 2 minutes. It is a fact that we live in a world where evil exists and there are times when people cooperate with evil, do bad things and hurt other people.

01:59

What do we do? What are we as Catholics allowed to do, and what should we do when it comes to either preparing for a possible assault/attack from a bad guy, or acting in the midst of a violent crisis or conflict?

That is what we are about to find out.

THE CHURCH'S STANCE

First, let's go through some points that can help us understand what the Catholic Church's view is on this matter.

Catechism of the Catholic Church - Paragraphs 2263 thru 2265

The legitimate defense of persons and societies is not an exception to the prohibition against the murder of the innocent that constitutes intentional killing. "The act of self-defense can have a double effect: the preservation of one's own life; and the killing of the aggressor... The one is intended, the other is not." - Para. 2263

Someone who defends his life is not guilty of murder even if he is forced to deal his aggressor a lethal blow: If a man in self-defense uses more than necessary violence, it will be unlawful: whereas if he repels force with moderation, his defense will be lawful. . . . Nor is it necessary for salvation that a man omit the act of moderate self-defense to avoid killing the other man, since one is bound to take more care of one's own life than of another's. - Para. 2264

Legitimate defense can be not only a right but a grave duty for one who is responsible for the lives of others. The defense of the common good requires that an unjust aggressor be rendered unable to cause harm. For this reason, those who legitimately hold authority also have the right to use arms to repel aggressors against the civil community entrusted to their responsibility - Para. 2265



That's what the Catechism has to say. Now, let's take a look at what Pope St. John Paul II has to say.

“There are in fact situations in which values proposed by God’s Law seem to involve a genuine paradox. This happens for example in the case of legitimate defense, in which the right to protect one’s own life and the duty not to harm someone else’s life are difficult to reconcile in practice. Certainly, the intrinsic value of life and the duty to love oneself no less than others are the basis of a true right to self-defense. The demanding commandment of love of neighbor, set forth in the Old Testament and confirmed by Jesus, itself presupposes love of oneself as the basis of comparison: “You shall love your neighbor as yourself” (Mk 12:31). Consequently, no one can renounce the right to self-defense out of lack of love for life or for self. This can only be done in virtue of a heroic love which deepens and transfigures the love of self into a radical self-offering, according to the spirit of the Gospel Beatitudes (cf. Mt 5:38-40). The sublime example of this self-offering is the Lord Jesus himself. Moreover, “legitimate defense can be not only a right but a grave duty for someone responsible for another’s life, the common good of the family or of the State”. [The quotation is from # 2265 in the first edition of the Catechism of the Catholic Church.] Unfortunately it happens that the need to render the aggressor incapable of causing harm sometimes involves taking his life. In this case, the fatal outcome is attributable to the aggressor whose action brought it about, even though he may not be morally responsible because of a lack of the use of reason.”

It's hard to argue with the Catechism and a Saint, but there may be some who are still not convinced that it is a basic right and duty to defend and protect ourselves and those under our care. It is important to consider the many times self-defense has been employed throughout Church history. Consider moments such as the defense of Christendom from Islamic invasions to St. Joan of Arc who led France against the tyranny of England.



Many who disagree with the idea of 'self-defense' often times will resort to one particular Bible verse, Matthew 26:52 " Then Jesus said to him, "Put your sword back into its place; for all those who live by the sword shall die by the sword."

Some will say that this verse means that we, as Catholics, should never be violent, in the sense of never even thinking of harming another human being even in self-defense. Some would say that we should not learn to defend ourselves with fighting skills or even training in firearms. While there are certain core principles of the gospel that must be factored in here, we must not forget what is taught in the Catechism and what Pope St. John Paul II also has written on this subject.

LIVING BY THE
SWORD?

And what does it mean to 'live by the sword?' What does it mean to 'live' by anything? It means that we are fixated on that thing, that our whole world revolves around it, that we hold it in such high esteem that we might even treat it as somewhat of a pinnacle of our belief system.

Does that mean that training in some fighting style for the purpose of self-defense or owning a firearm, and knowing the basics of how to use it to defend your family one day, if necessary, is 'living by the sword'?

No, is the short answer.

Remember also the words of Jesus in Luke 22:36? "And He said to them, "But now, whoever has a money belt is to take it along, likewise also a bag, and whoever has no sword is to sell his cloak and buy one." Jesus knew the environment that he was sending his disciples out into was a dangerous one. Robbers and other criminals roamed the countryside.

Those who use the "Those who live by the sword will die by the sword" argument, are interpreting scripture on their own, apart from understanding the teaching and authority of the Church. We can see that the Catechism of the Catholic Church has made it clear that we have both a right and a duty to self-defense, even if it means taking up arms.

DEFENDING THE INNOCENT

When the life of an innocent is threatened, we as Catholics, have an obligation to defend that innocent life. There may be times when physical defense or even lethal action is necessary.

Again we must remember the teaching of the Church. “Legitimate defense can be not only a right but a grave duty for one who is responsible for the lives of others” - Catechism - Para. 2265

There are so many examples from history we can draw from to see that this is a reality we need to accept and respond to appropriately.



The War of the Vendee : 1793 -1796:

During the French Revolution, in an area of France known as the Vendee, all Catholics rose up to fight the oppressive and evil new order of French government, when this government sent an army to eradicate them. Some of the most brutal tactics were recorded, including cutting babies from their mothers wombs and burning entire villages alive.



The Knights of Malta (Knights of St. John) :

May 18 –September 11, 1565:

Outnumbered, these knights, only 800 of them, along with roughly 7,000 militia fought off over 50,000 Turks in defense of Christendom, when the Islamic threat attempted to plant its roots in the very heart of Christian Europe. These brave men fought and died because they knew it was necessary to defend something which was bigger than themselves. They were led by Grand Master John Lavalette, who himself was seventy years old at the time. LaValette still fought alongside his men, swinging the sword and risking his all to fight. Not only was he mentally still able to do this, but he was also physically capable.



John Sobieski III :

He is best known for his stunning victory over the Turks in 1683 at the Siege of Vienna when he gallantly led a charge of 65,000 cavalry into the heart of the Turkish encampment which numbered nearly 300,000 men. The attack was led politically, by Blessed DeMarco, who was able to convince the princes of Austria that urgent action was needed and that John Sobieski was best suited to lead the attack to liberate the city of Vienna. Thanks to these two great men, the city was saved and the Turks were defeated.



The reason for these examples is to show that these Catholic men lived out what the Church proclaims! They defended the innocent, they stood up to evil and fought back, even at the risk and loss of their own lives.

They saw a threat and engaged it. They didn't sit back and wait and they didn't excuse themselves from their duty. They didn't wait for someone else to handle it. They took action. They prepared. They trained. They put in the work to be ready.

Look, most good men would willingly lay down their life for their family. They would take a bullet. They would sacrifice themselves to keep their loved ones safe. But think about it. Is the mission just to lay down your life and die, then leave your family open to attack after you're dead?

Of course not!



The ideal scenario, in the case of a violent assault, would be you stepping in front of the bad guy, subduing him, violently if necessary, and then being there for your family afterward. That is the ideal scenario.

So why are men these days so passive? Why are so many reluctant or even opposed to learning how to defend and protect? Some men have become physically, mentally and emotionally soft. There is much in society that has promoted and encouraged this. There are also some who think that because they are Christian and trying to be holy, they have to be strutting around with their hands folded all the time and never lift a finger to prepare in case they are called upon to defend or protect.

Tell that to the Knights of Malta!

Yes, times have changed, and we aren't dealing with a horde of bloodthirsty barbarians running at us every other month, as our brothers and sisters had to deal with centuries ago. But this does not mean we are to be soft, passive or ignorant when it comes to how God has designed us men to be. We are built by God to provide for those entrusted to our care. We are built by God to protect.

Just as the primary role of the man is to be the provider, the one who puts food on the table and works to pay the bills, one of his first duties is also to be the one who protects his family spiritually and physically. It is the man's duty to be the first one to run into the fire of a violent attack.

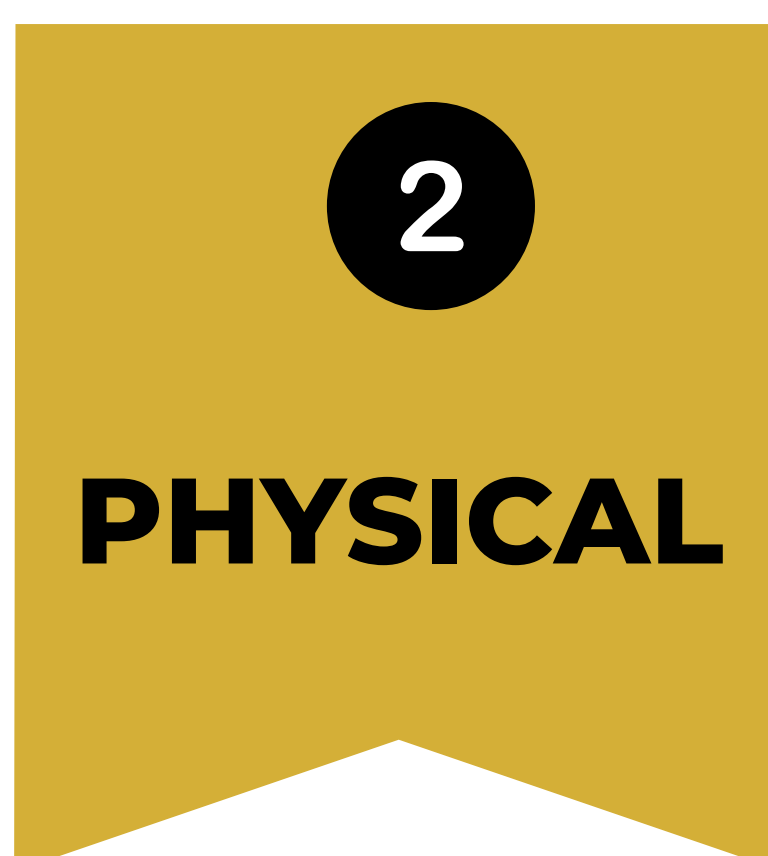
**TRAINING IS A
MUST**

Training Is A Must

Now that we know what the Church has to say about legitimate self-defense, and we have addressed the moral obligation/duty that a man has to protect those entrusted to him, we have to ask if a man would know how to defend if he has 1: Never thought about it? 2: If he has never prepared himself?

So let's cover it.

There are two areas where we need to look at preparation.



MENTAL PREPARATION

When it comes to Mental preparation it boils down to few key things. We need to realize that there is evil in the world which would not hesitate to destroy us or those in our care. We need to come to terms with the fact that we may need to physically engage an aggressor and we may need to lethally strike an aggressor. Lastly, we need to recognize that yes, the responsibility of defense and self-preservation does fall on the role of the man, first and foremost.

This next step of Mental Preparation may seem strange, in the sense that there isn't really much action involved. It is simply to put yourself, mentally, in situations where you would have to react to an attack or ambush and then consider what steps you would need to take to be victorious. The goal is to play out different scenarios that would require you to respond with some kind of self-defense, and come to peace with it, become familiar with it. Not because it will without a doubt happen, but because the more familiar you are with a crisis or conflict of some kind happening, the quicker, the better, the surer you are if and when you have to react to it. That's the point of this whole Mental Preparation. It is not to incite fear, it is only to help train the mind and give you a better chance of responding effectively.

It's all been seen before. When a disaster strikes and people lose their composure and behave irrationally or even dangerously, because they let panic and desperation take over. They are no longer thinking clearly. This leaves anyone who has been entrusted to their care and protection, in greater danger.

Mental Preparation helps to combat that. Because when we do this we, “Hope for the Best, but Plan for the Worst.”

Another point of Mental Preparation is to know history. What does this mean? It means we need to be wise in knowing how certain destructive or violent things happened in the past, so we can avoid those things in the future. We need to know history and be aware of the times we live in. Consider the culture of oppression and death which evolved from a certain set of circumstances in World War II, or the multiple genocides which have happened, even within the last century. Look at what we see with the division and moral erosion in our own government today.

The more we know of our history, the better we are able to stop the bad stuff from happening all over again. If we don't know history, then we are doomed to repeat it.



PHYSICAL PREPARATION

Physical Preparation is as important as the other forms of preparation because no matter how much you think you know, if you are unable to do it, because of lack of skill or lack of bodily mobility or lack of the right tools, you still end up failing in the end.

A major part of this is how we are treating our bodies through diet, nutrition and exercise. This is a much bigger issue than many realize or will acknowledge. It is clearly understood that the food we put in our bodies directly affects how the mind and the body function. But unfortunately many people do not see that taking care of one's health is a moral duty and a personal responsibility. It is almost never taught in this way.



The Catechism of the Catholic Church states: Life and physical health are precious gifts entrusted to us by God. We must take reasonable care of them, taking into account the needs of others and the common good. - Para. 2288

Scripture tells us this: Do you not know that your body is a temple of the Holy Spirit within you, whom you have from God, and that you are not your own? For you have been purchased at a price. Therefore, glorify God in your body.” 1 Corinthians 6: 19-20

We glorify God by taking care of the gifts that He has given us. The body is a great and holy gift. It should be cared for. And if we are ever called upon to defend and protect ourselves and our loved ones, we have a better chance of getting the job done if we are healthy and strong, mentally and physically.

To get right to the point, we should be eating better and taking better care of our overall health. We should be engaging in some type of physical activity that will improve our strength and flexibility. I understand that there are cases where exercise can be very difficult, but in general most of us can do something. And many of us can do a lot to improve our health and strength.



There is a lot of information out there on diet and exercise that you can tap into. We don't need to address the details here. A simple rule of thumb for eating better is to eat more fruits and vegetables, cut back on sugar and avoid processed foods as much as possible.

Processed sugar, artificial colors and artificial flavors are like a form of poison to the body and mind. We can use the old adage here, "if man made it, don't eat it."



OTHER AREAS OF PREPARATION INCLUDE:

Skill : You may know all the terminology in football, but that doesn't mean you are able to perform as well as the other athletes. It doesn't mean you can play the game. Likewise, if you don't have some understanding and training of basic self-defense or basic fighting skills, then you may talk a good game, you may even watch a lot of martial arts movies, but when the rubber hits the road and you are confronted with a bad guy situation, you will not be prepared to deal with that possible violent crisis as well as you could be.

Learn some basics.

Bodily Mobility : If you're unhealthy, packing some extra pounds or can't run up the stairs without being out of breath, then you are already at a disadvantage if you have to physically defend yourself or your loved ones. Again, I will say that while there are reasons why some people have a harder time getting into better shape, such as medical reasons, most of us CAN improve the mobility and the strength of our bodies and be better prepared to defend if we are called upon to.

Motivation and Purpose : You have many reasons to do this, to improve yourself in these areas. Do it to honor God by being a good steward of the gift He gave you of your body. Do it out of Christlike love for yourself. Do it for love of others. The better shape we are in, the better we can fulfill our vocations as husbands, fathers, mothers, wives, priests, etc. Let the motivation to improve your physical ability, mobility and strength be so that you will be ready to step up and engage the evil in this world, if God calls you to. Remember that God does not treat us as robots or puppets. He leaves much of what happens to us regarding these things, to us and our decisions.

Lack of Tools : You may know your stuff, you may be in great shape, but you also might be unfortunate enough to bring a knife to a gunfight...not ideal, right?

**HAVING THE
SKILL**

SKILL

So we can address **Skill** first and get into why it is important that we, who have the duty to protect, should have at least a general idea and some acquired skills on how to fulfill that duty.

Sticking with the sports analogy, we can clearly see that if two teams play a game against each other, and both are playing with heart and determination, the team with the most skill will normally win in the end. So common sense tells us that if we find ourselves against a determined assailant, and we have a responsibility to engage them to protect ourselves or others from the threat, then we should have some knowledge of how to do that, especially if the threat we are facing also has some skill. We would be foolish to rely only on determination only as the means of survival.

Does this mean that we need to master various forms of martial arts? Or get into MMA? No, not necessarily, unless you really want to. That could help a lot. The point here is to at least learn some basics, like how to throw a punch correctly, or strike with the palm of your hand, how to use your elbows or what to do against a knife attack. Learn how to wrestle someone to the ground.

Learn how to subdue someone with a weapon and possibly save your life and others lives. Above all learn about situational awareness and put it into practice everyday.

People who say they don't need to worry about the skill part, and that they would be able to subdue any threat that came at them, even when they have no training, no experience, or very little idea on what to do, are fooling themselves. And that's just a fact.

You don't get good at something by NOT doing it. Our world doesn't work like that.

It's been said that it's not the size of the dog in the fight but the size of the fight in the dog. True to a point, but consider how much more effective that dog in the fight will be if he has skill.

Just Start!

To help, you can start by learning some basic self-defense measures that can be taken to help increase a certain level of safety and confidence. Like the things listed above, throwing a punch correctly, blocking etc. Just starting this process is normally the hardest part, but once started, it can become habit forming and as confidence grows your skill can increase. Which is a good thing considering the things you learn could potentially save a life one day.

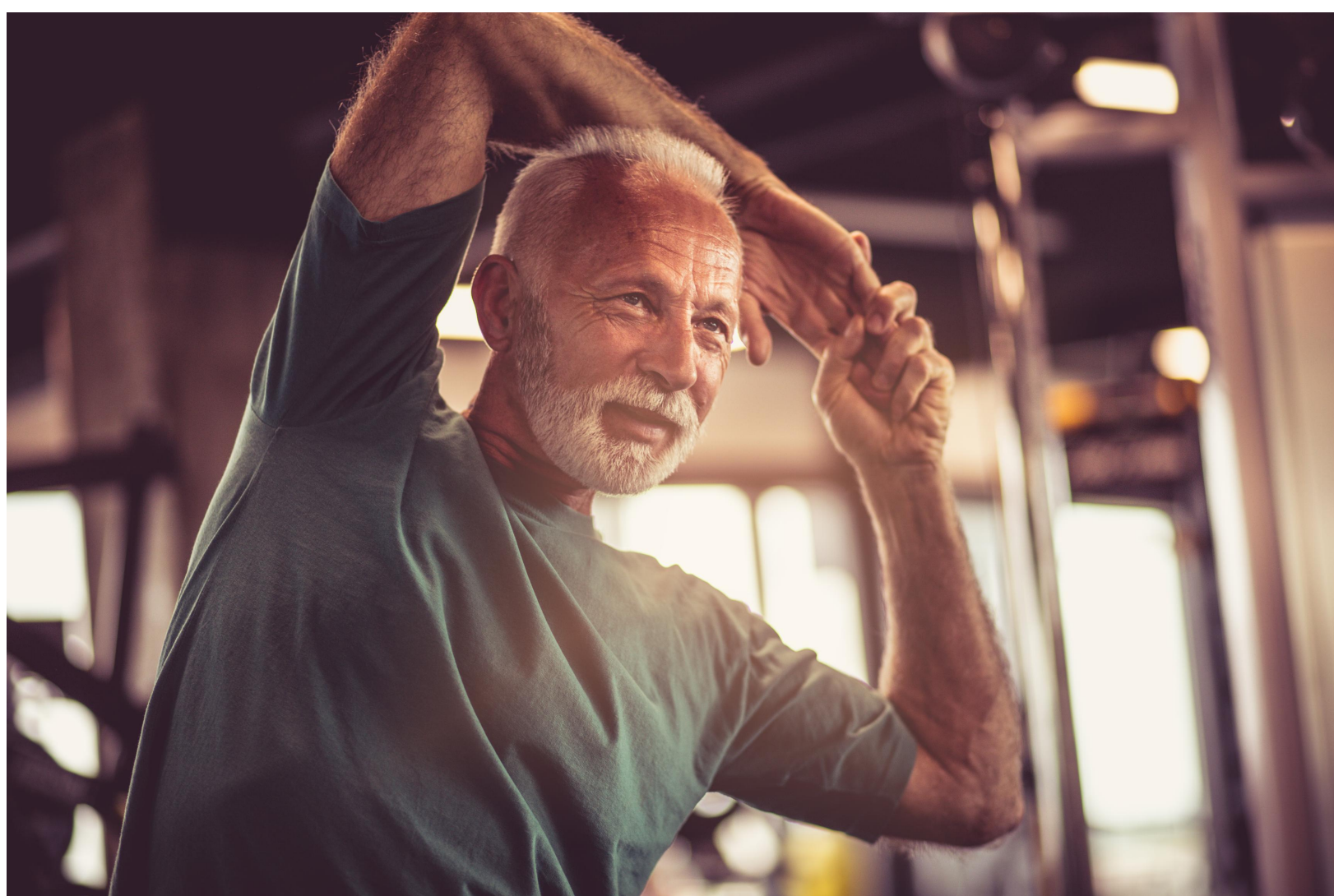
BODILY MOBILITY

Get Moving!

Now let's hit **Bodily Mobility**. Let's face it, as I said earlier, being overweight and unhealthy decreases your chances of surviving a physical attack--that's just a fact.

We're at a time in our society where some men who are only in their twenties or thirties are already talking about their 'Glory Days' back in high school, when they didn't have a gut and weren't dealing with bad shoulders or knees. They talk about what a formidable opponent they were, but now they will excuse themselves from taking on the responsibility given to them by God, to be ready to look after and protect their loved ones.

Excuses don't get the job done. We should all strive to be at least in decent enough shape to be able to stop an aggressor.



Now to be clear, what's being said here isn't all there is to be a man. This is not saying that if you have no interest in these things or that if you don't have great skill in these areas then you're not a man. But don't kid yourself, relinquishing your duty to have a plan and be prepared to protect is not a characteristic of true manhood either. What is being said here is that evil exists in our world and many people cooperate with it in ways that manifest as physical attacks on others. Therefore good men must step up, be prepared, and engage the bad guys. It means that good must be ready to stand up and win, if there's a battle to be had.

Being in shape mentally or physically, so that we can take on any challenging task is just good. When we are healthy, active and strong, we are more confident and better able to tackle the difficult things in life, no matter what they are.

So, the most important thing here is to start. Start running more. If you can't run, then walk. Start working out, maybe get into some weight training (weight resistance exercise is going to be your best bet to grow stronger in case of--fill in the blank) Start stretching daily. I mean real stretching. Flexibility is important. **Start training your body and your mind!**

MOTIVATION AND PURPOSE

Motivation and Purpose

When it comes to these matters it is impossible to just throw yourself in and hope it 'catches on'.

We have to have a purpose.

You have to be **MOTIVATED** to take action.

What is your motivation? What is your purpose? Is it your family? Your spouse? Loved ones? Is it your children? Is the reason why you get out of bed in the morning, to make sure you can provide for your family, the same reason you take the information in the book and start applying it to your life?

These are the deep questions.

You can read all you want, you can watch videos all you want...**but will you apply it to your life?**

Find your motivation and your purpose. Once you find those, you can do anything.

The information in this book isn't for the faint of heart. It takes guts to put this stuff into action. Just know that you're not alone out here, and there are others just like you who are finding their own purpose and motivation to step out of the crowd and move forward in what they believe in.

UTILIZING TOOLS

Onward now to **Tools** - or lack thereof. When it comes to this subject it gets tricky for some people. Because they attribute certain tools, such as guns, knives, etc. to be the direct cause of any type of violence. Necessary or not.

But first, let's remember what we saw in the Catechism of the Catholic Church when it comes to violence, which is why we say here, 'necessary or not'. "Legitimate defense can be not only a right but a grave duty for one who is responsible for the lives of others." - Par. 2265

We are defining 'violence' here as - behavior involving physical force intended to hurt, damage, or kill someone or something.

We can clearly see that there are times when even the Church says violence can be necessary and a grave duty. Which means that if we don't exercise legitimate self-defense when it is necessary, it can be a grave offense. Understanding and being trained in self-defense can actually minimize the potential for violence when applied appropriately in a crisis situation.

Which brings us to the point we are now covering. If the bad guys have certain tools or instruments they are going to use to threaten harm, the good guys may need these tools as well so we don't get our tails kicked or so the bad guys can't just have their way with chaos and destruction.

So now we come to the one big question which many people are wondering about.

Is it sinful to have a gun?

No, it is not sinful to own a gun or even to use a gun in a case of legitimate self-defense.

These things we call 'weapons' are in reality tools. So it all depends on how we use them. The evil that has been done with 'weapons' does not come from the tool, but from the wielder of the tool. When bad guys cooperate with evil and perpetrate crimes against others using instruments like guns, knives, cars, clubs, etc. the force that causes the harm always initiates from the individual person, not the instrument they are using.

Which is why we need good guys to wield these tools well against the ones who don't.

Again, you wouldn't bring a knife to a gunfight, so people who think they'll be able to subdue an armed aggressor, using only their bare hands, (and in many cases they have no training on how to defend or attack with those hands) is dangerously misguided or downright crazy.

With this step of preparation, you don't need to go out right away and arm yourself with all kinds of guns and knives. Like anything else, if this is new to you, it will take a little time getting used to and more time on top of that to learn. And that's okay. The goal here is to start learning and training.

One of the most important things is that you aren't so daunted by the depth of what other law abiding citizens know, such as in the area of firearms, that you stop trying to learn yourself through fear of looking foolish or being too uncomfortable to ask questions.

As we've said before, there is a lot of good information out there to help you get started or to continue your training. This includes the use of firearms. Be careful to check out who is doing the instructing, that they are credible. Again, the point here is to get started.

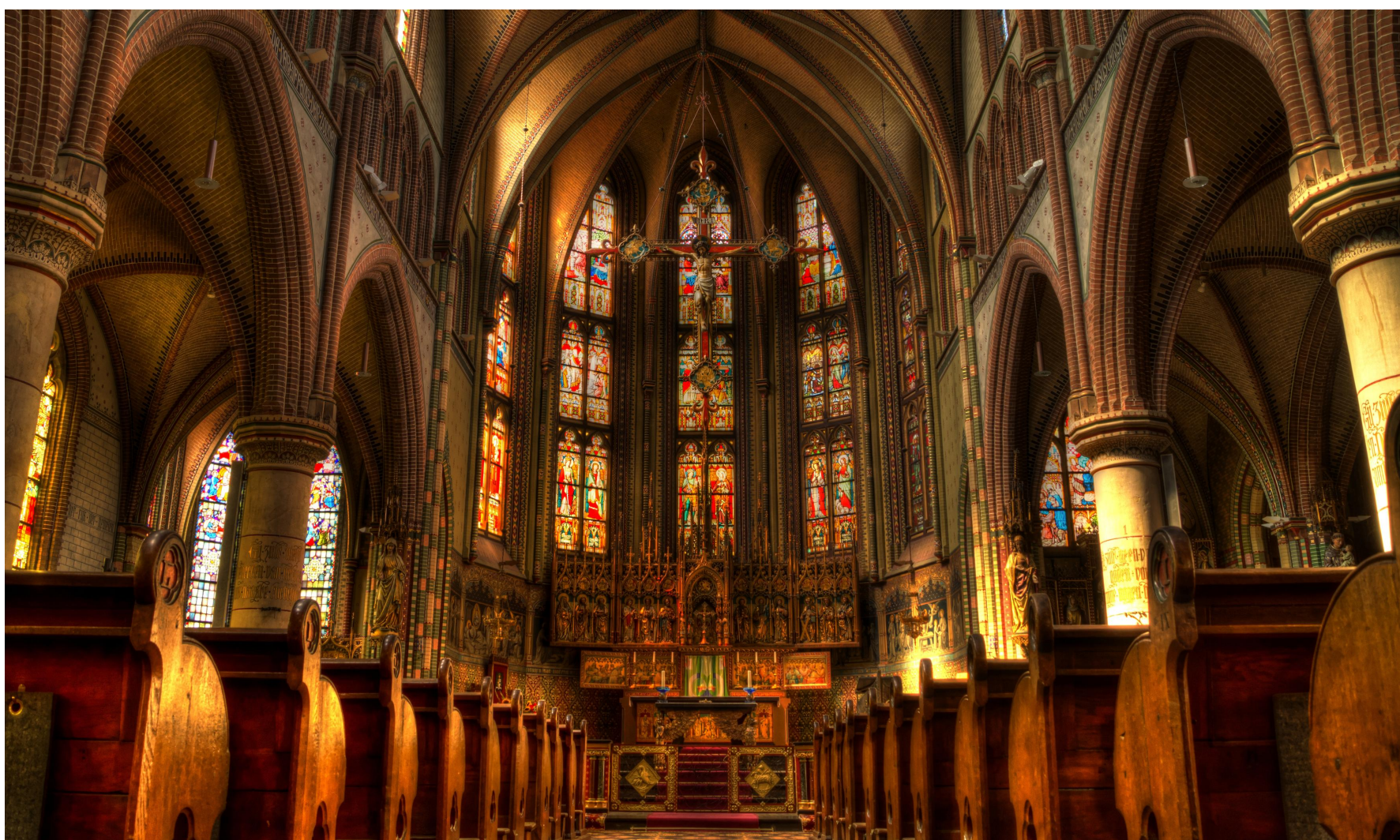


COMMON
SENSE?

The points we've made here are common sense paired with the Catholic Church's teaching. We live in a world where any form of violence has been labeled evil. But even though violence is meant as a last resort, it is sometimes the only option to fulfill your God given duty and right, to defend yourself or someone who is in your care.

The Catholic Church, in all Her wisdom, has given us the knowledge so we can go out and prepare and protect ourselves and our families as we need to. This knowledge should always be accompanied by regular prayer and sacraments.

In order for us to be able to properly access any situation that involves aggression or violence, and to be able to respond to it appropriately, we should be in regular prayer. Obviously God understands the world we live in better than we do. Through the Church, God has given us the guidelines that we must follow when we come up against those who cooperate with evil and strike out at the innocent. It up to us to be ready and to fulfill the duty given to us by God.



**TIME TO DIG
DEEPER**

Many people are intimidated by the idea of learning self-defense. Learning situational awareness, basic hand to hand fighting techniques or how to use a firearm is not as difficult as you may think. There are many resources out there that can help.

BATTLE READY 101

BATTLE READY has produced a VIDEO TRAINING called BATTLE READY 101.

This training addresses the basics of situational awareness, exercise and basic self-defense. It is a great starting point that will give you knowledge to help you grow in strength and gain the advantage in a physical conflict.

Anyone can learn these things.



To learn more or purchase Battle Ready 101, click here.

BATTLE READY COALITION

BATTLE READY COALITION

ONLINE MEMBERSHIP

The Church, your Family, and your Faith are under attack like never before. You need the tools to prepare you and your family for spiritual warfare - body, mind and soul. You need support, accountability, knowledge, resources to truly become BATTLE READY.

BODY

MIND

SOUL

Through a combination of monthly video trainings, live coaching, video courses, worksheets, manuals, and accountability, you'll have everything you need to progress - BODY, MIND, and SOUL. Learn how to:

- Lead your family spiritually so you are equipped for spiritual warfare
- Pray and Sacrifice for the good of your soul and the souls of those entrusted to your care
- Take care of your body, a Temple of the Holy Spirit, through basic nutrition and exercise
- Strengthen your Marriage to be Battle Ready and rooted in Christ
- Raise and Encourage your children to be Battle Ready - body, mind, and soul

For only \$24/Month, you can transform you and your family to BATTLE READY soldiers for Christ.

CLICK HERE TO JOIN



ABOUT
DOUG BARRY

DOUG BARRY

Doug Barry is a devoted husband, father, and founder of RADIX - BATTLE READY, a Catholic apostolate that focuses on encouraging and strengthening men, women and youth to be better prepared to fight the battles that we all face in the world today, body, mind and soul.

Since 1992 he has traveled both nationally and internationally, speaking to young and old alike through television, radio and live appearances.

Doug is probably known best for his one-man drama of 'The Passion' which began in 1992 and has been performed live around the world, and aired on EWTN the Global Catholic Network. For many years Doug was the co-host of EWTN's 'Life on the Rock' and now currently hosts the television show BATTLE READY, also aired on EWTN.

Doug still travels around the world, offering his services as a speaker for a variety of events, retreats, conferences, parish missions and more.



THE MINISTRY

BATTLE READY MINISTRY

Is a Catholic apostolate that focuses on encouraging and strengthening men, women and youth to be better prepared to fight the battles that we all face in the world today, body, mind and soul.

**If you would like to make a
donation to the ministry,
click here.**

All of the funds go towards keeping the lights on at the Battle Ready Ministry and furthering the Battle Ready message.

Thank you for your prayers and support,
Doug



**STAY
CONNECTED**

STAY CONNECTED



[@DougBarryRadix](#)



[@BattleReady101](#)

Click here to [Bring Doug to your Parish or Event!](#)



